



# Island Elements FESTIVAL 2018



## PROGRAM

FIRE

AIR

WATER

EARTH

### FRIDAY - November 2nd

#### OPENING CEREMONY 4 - 5pm

SUNNY RAY 5 - 5:45pm

HATHA YOGA WITH AMANDA 5 - 6pm

SUNNY SIDE UP 5 - 7pm

VOCAL BODY JAMM WITH MURRAY 5 - 6pm

SI MULLUMBY 6 - 7:15pm

HAWAIIAN HULA WITH ANNA 6:15 - 7:15pm

SPIRAL ORCHID 7:15 - 7:30pm

CACAO CIRCLE WITH DAISY KAYE 7:30 - 8pm

INSTINCTUAL EMBODIMENT WITH ANGELINA  
7:30 - 8:30pm

CHOP SUEY 7 - 9pm

LO QI 8 - 9:30pm

MISTA SAVONA 9:45 - 11pm

BUDDHA BAR BONDI 9 - 12am

### SATURDAY - November 3rd

#### SINGING UP THE SUN ON ADDER ROCK 4:40 - 5:10

BEACH MEDITATION 5:30 - 7am

YOGA AND THE TAO OF SOUND 7 - 8:15am

ZEN - MEDITATIVE ART WITH MAYU 7 - 8am

TAI CHI 7 - 8am

DMTFM 8:30 - 10am

TREE OF LIFE YOGA 8:15 - 9:15am

DEEP HOUSE YOGA 8 - 10am

POETS BREAKFAST WITH ERFAN DALIRI 9 - 10am

DUB N D'YOGA 10:15 - 11:45

MANIFESTRIX WITH FIRE MANE 9:30 - 10:30am

SPIDER ORCHID 10am - 12pm

GET GROUNDED CLAY WORKSHOP  
10:15 - 11:45am

LORKAZMIC 12 - 12:45pm

DIGERIDOO PRANAYAMA WITH SI 12 - 1:15pm

SEED 12 - 2pm

BALINESE DECORATIVE WEAVING 12 - 2pm

MANOA 1 - 2pm

DANCE OF THE SACRED MASCULINE  
1:30 - 2:30pm

5 RHYTHMS 2 - 4pm

TONES AND I 2:15 - 3:15pm

YIN YOGA WITH TINA 2:45 - 4:15pm

VANUATU SAND ART WITH TIO 2:15 - 3:15pm

ALOHA HULA 3:20 - 3:40pm

THE CURIOSITIES OF ESSEX 3:45 - 4:30pm

HAWAIIAN SHAMANIC HEALING 4:30 - 6:15pm

AVAXA 4 - 6pm

AFRICAN DRUMMING WITH GABRIEL OTU  
4:45 - 6:15pm

REVIVE WITH SHAI & RACHEL 4:45 - 6pm

DEYA DOVA 6:30 - 8pm

TRIBAL FUSION BELLYDANCE 6:30 - 7:30pm

IKIGAI 6 - 8pm

GANGA GIRI 8:15 - 9:15pm

KUNDALINI DANCE WITH PATRICIA 7:45 - 9:45pm

MAIA BALAM 8 - 10pm

NAÂMAN 9:30 - 11pm

PUMAH 10pm - 12am

### SUNDAY - November 4th

#### SINGING UP THE SUN ON ADDER ROCK 4:40 - 5:10

BEACH MEDITATION 5:30 - 7am

SONIC YIN YOGA 7 - 9am

EMOBODIED MORNING MOVEMENT WITH  
BARBI 7 - 8:30am

TAI CHI 7 - 8am

TREE OF LIFE 9:15 - 10am

SOUND & SEA SALUTATIONS  
8:45 - 9:45am

CAPOEIRA 8 - 9am

LO QI AND GONG 10:15 - 11:30am

CHURCH OF THE GODDESS 10 - 11am

MARILYN 9 - 11am

NATUROPATHY WITH HAILEY 9 - 10am

LULU & MISCHKA 11:45am - 12:45pm

SHAMANIC EARTH MEDICINE WITH PETER  
11:15am - 12:45pm

AFRICAN DANCE WITH GABRIEL OTU  
11am - 12pm

BALANCE MASTERY 10:15 - 11:45am

DANNY ROSS 1 - 2pm

VOCAL CLEARING AND EXPRESSION WITH  
JUSTINE 1 - 2:30pm

CORQI 12 - 2pm

MEDICINE BAG WEAVING 12 - 2pm

MURRAY KYLE 2:15 - 3:15pm

ACROLOVE WITH BEATRIZ & KEITH 2:45 - 3:45pm

LO QI 2 - 4pm

PATTERNS WITH MANUELA 2:15 - 3:15pm

DANE TOMAS 3:30 - 4:15pm

BREATH ILLUMINATION WITH FIRE MANE &  
COURTNEY 4 - 5:30pm

DANCING FREEDOM 4 - 6pm

SOCIAL CHANGE AND INDIVIDUAL INITIATIVE  
WITH ERFAN DALIRI 3:30 - 5pm

ALPHAMAMA 4:30 - 5:30pm

ALISHA TODD 5:45 - 6:45pm

SONGLINES & THE PLANETARY GRID WITH DEYA  
5:45 - 7:15pm

BRAULIO 6 - 8pm

NATURE IN THE BODY WITH TRAVERS  
5:15 - 6:15pm

RACHEL BY THE STREAM 7 - 8pm

ECSTATIC EMBODIMENT 7:30 - 8:30pm

MONSIEUR DIOP 8 - 10pm

JESSE MORRIS AND THE SHAKEDOWN  
8:15 - 9:15pm

TAO ALCHEMY WITH DAISY 8:45 - 9:45pm

BUDDHA BAR BONDI 10pm - 12am

NICKY BOMBA (CLOSING JAM) 9:30 - 11pm